

On the Frontlines

Dear Members and Friends,

As summer continues, we want to thank everyone who has participated in our recent events, shared their experiences, and helped advance awareness of Multiple Chemical Sensitivity (MCS) across Canada and beyond. Every story, conversation, and action contributes to building a stronger movement for accessibility, recognition, and inclusion.

The Air We Share: Thank You for Joining Us

Earlier this month, we were pleased to host *The Air We Share: Why Indoor Air Quality and Scents Matter for Accessibility* as part of National AccessAbility Awareness Week.

The event brought together participants from across Canada to discuss how indoor air quality (IAQ) affects accessibility and participation in workplaces, public spaces, healthcare settings, educational institutions, and other environments. The conversation highlighted the importance of fragrance-free practices, source control, biological sensitization, and the growing recognition of accessible air as an accessibility and human rights issue.

Thank you to everyone who attended and contributed to this important discussion. Your participation, thoughtful questions, and engagement helped make the event a great success.

If you were unable to attend, or would like to revisit the presentations, you can access the event recording, presentation slides, and additional resources on our [webpage](#).

The Executive Summary and the full **Accessible Air in the Built Environment** research report are also [available](#). We encourage you to read these resources and share them with colleagues, organizations, employers, educators, healthcare professionals, policymakers, and others who may benefit from this important work. Together, we can help build healthier, more accessible indoor environments for everyone.

Have You Visited ASEQ-EHAQ's UN CRPD Webpage Yet?

In 2025, the United Nations Committee on the Rights of Persons with Disabilities (UN CRPD) issued Concluding Observations that recognized the barriers experienced by people living with MCS and called for action to improve accessibility and inclusion.

This recognition represents an important opportunity to continue advocating for change.

If you have not already done so, we encourage you to visit our [UN CRPD web page](#) and learn how you can help raise awareness among elected officials, organizations, and decision-makers.

Your voice matters. Every letter, email, and conversation helps build momentum for meaningful change. Please let us know about the outcome of your outreach. Any response is important.

Air Travel and MCS: We Want to Hear From You

Recent Statistics Canada data shows that over 3.1 million Canadian adults live with MCS. Despite this, very little information is available on the accessibility of air travel for individuals with this disability.

Have you travelled by air in the past 12–18 months while living with MCS?

We are collecting information from individuals who have:

- Travelled by air
- Attempted to travel by air
- Avoided air travel because of accessibility barriers
- Travelled with Air Canada or any other airline

We are interested in hearing about both positive and negative experiences. If you have experience with air travel and MCS, we encourage you to complete the survey and share it with others who may be interested: <https://forms.gle/Dxh8K3X2To4ivtQ8A>

Monthly Open House

Join us for our **monthly Open House**, held on the **last Friday of every month**.

These informal gatherings provide a welcoming space for people living with Multiple Chemical Sensitivity (MCS), family members, caregivers, healthcare professionals, researchers, advocates, and anyone interested in learning more about MCS to connect, share experiences, ask questions, and support one another.

- **French Session:** 2:00 – 3:00 p.m. (ET)
- **English Session:** 3:00 – 4:00 p.m. (ET)

A different theme will be announced in advance for each Open House. **Everyone is welcome!**

Register here: <https://us02web.zoom.us/meeting/register/uS5iPTCrRjyqogw24spVMQ>

Your Stories Matter

One of the most powerful tools for advocacy is lived experience.

Whether you have successfully obtained an accommodation, encountered barriers in healthcare or public spaces, experienced challenges while travelling, or found solutions that have helped you participate more fully in community life, we want to hear from you.

Both positive and negative experiences provide valuable insight and help strengthen our advocacy efforts. Your stories help us identify emerging issues, educate decision-makers, and highlight the real-world impact of accessibility barriers and solutions.

If you would like to share your experience with us, please reach out. Every story contributes to a better understanding of MCS and helps advance the work toward healthier, more accessible environments for all.

As always, thank you for your continued support, participation, and advocacy. Together, we are building awareness, creating change, and working toward a future where individuals living with MCS can participate fully and safely in all aspects of community life.

Sincere thanks and our warmest wishes,

Rohini Peris

President & CEO

Michel Gaudet

Executive Director