

Everyone deserves to breathe safely  
Resilience 2026 brings science, policy, and solutions together.

# PARTICIPANT WELCOME GUIDE



**Day 1: Advancing the Science behind MCS**

**Day 2: Indoor Air Quality, Inclusion, Policy, and Global Movement**

*This two-day international event is dedicated to advancing scientific understanding, strengthening recognition of Multiple Chemical Sensitivity (MCS) as a disability, and accelerating meaningful inclusion across healthcare systems, workplaces, public spaces, and policy frameworks.*

This project is funded in part by the Government of Canada's Social Development Partnerships Program



International Journal of *Environmental Research and Public Health*  
an Open Access Journal by MDPI

DATE

**7-8**

MONTH

**MAY**

TIME

**9-5**

PRESENTED BY



EHAC • ASEC



ASEQ - EHAQ



Council of Canadians with Disabilities



PRESENTED BY

THE ENVIRONMENTAL HEALTH ASSOCIATION OF CANADA AND  
THE ENVIRONMENTAL HEALTH ASSOCIATION OF QUÉBEC

## PARTICIPANT WELCOME GUIDE

Welcome to RESILIENCE 2026, an international conference dedicated to advancing scientific knowledge, policy action, and social inclusion for people affected by Multiple Chemical Sensitivity (MCS).

Building on the momentum of the previous year, RESILIENCE 2026 reflects meaningful progress in research, growing recognition of indoor air quality as an accessibility issue, and an expanding global movement calling for systemic change. We are honoured to welcome you into this shared space of learning, collaboration, and action.

Whether you are a researcher, healthcare professional, indoor air quality specialist, policymaker, architect, advocate, or someone with lived experience, your participation strengthens an increasingly international effort to create healthier, more inclusive environments for all.

We invite you to complete a **pre-event survey**, which will help us improve and enhance your conference experience:

[Click here for the Day 1 pre-event](#)

[Click here for the Day 2 pre-event](#)

Thank you for taking the time to complete our survey. Your input helps us improve our events and better support our community.


## WHAT TO EXPECT

Over the course of two full days, RESILIENCE 2026 will bring together diverse voices and disciplines to explore the science, lived realities, and policy implications of MCS and fragrance sensitivity.

You can expect:

- Keynote addresses from national and international leaders in accessibility, environmental health, and disability rights
- Scientific presentations highlighting advances in MCS research, exposure science, and indoor air quality
- Lived experience testimonials that ground research and policy discussions in real-world impact
- Policy and legal discussions addressing fragrance-free, lowest-emission, and accessibility frameworks
- Panel dialogues with civil society leaders and global partners
- Recognition moments honouring individuals and organizations advancing inclusion for people with MCS

Speakers will join us from Canada, Europe, Asia, and other regions, reflecting the growing international scope of the conference and the shared nature of these challenges worldwide.

 *Please ensure your Zoom application is updated to access all conference features and accessibility services.*

## PARTICIPANT WELCOME GUIDE

### ZOOM ACCESS LINKS

- Day 1 – Registration & Access [Link](#)
- Day 2 – Registration & Access [Link](#)

Access links will be sent to registered participants ahead of the conference. If you don't see them, please check your spam folder just in case.

### QUICK LINKS

- Speaker Bios: [Speakers](#)
- Partner Organizations: [Partners](#)
- [Day 1 Agenda](#)
- [Day 2 Agenda](#)

### TECH TIPS FOR A SMOOTH EXPERIENCE

- Join sessions 10–15 minutes early to test audio, video, and interpretation settings
- Use headphones and choose a quiet, comfortable space when possible to reduce distractions
- If you experience technical issues during the event, please contact:  
[resilience2026@aseq-ehaq.ca](mailto:resilience2026@aseq-ehaq.ca)

### PRE-CONFERENCE CHECKLIST

- ✓ Complete your registration and save Zoom links to your calendar
- ✓ Review the agenda in advance and note sessions of interest
- ✓ Bookmark the speaker and partner pages
- ✓ Test your Zoom connection and accessibility settings
- ✓ Share the event with colleagues and networks who may benefit

## ACCESSIBILITY & INCLUSION

Accessibility is central to RESILIENCE 2026. The conference is designed to remove physical and environmental barriers to participation.

Available services include:

- American Sign Language (ASL) and Langue de Signes Québécoise (LSQ)
- Communication Access Realtime Translation (CART) Captioning
  - <https://www.streamtext.net/player?event=EHAQ-EN>
- Simultaneous interpretation (English–French and French–English)
- Multilingual Zoom captions
- 100% virtual format to eliminate travel and exposure barriers

## PARTICIPANT WELCOME GUIDE

### STAY CONNECTED

Follow us on social media and visit the conference website for:

- Program updates
- Speaker announcements
- Live highlights and post-conference resources

Following the conference, we invite you to consult the **post-event surveys for Day 1 and Day 2**, and we encourage you to provide your feedback to help inform future initiatives:

[Click here for Day 1 post-survey](#)

[Click here for Day 2 post-survey](#)


Thank you for being part of RESILIENCE 2026. Together, we are strengthening the evidence base, expanding global collaboration, and advancing practical solutions that support dignity, access, and health for people living with Multiple Chemical Sensitivity.


Warm regards,

THE RESILIENCE 2026 CONFERENCE TEAM




### Get in Touch

 aseq-ehaq.ca

 resilience2026@aseq-ehaq.ca

 aseqehaq1

 aseq.ehaq

 aseq-ehaq

 aseqehaq