



Conference Background – Resilience 2026

As prevalence rises and awareness grows, there is increasing recognition that environmental exposures are not only a health issue, but a matter of accessibility, equity, and human rights.

The Environmental Health Association of Canada and the Environmental Health Association of Québec are hosting resilience 2026, a two-day international virtual conference dedicated to advancing scientific understanding, public awareness, and policy action on the recognized disability of Multiple Chemical Sensitivity (MCS). Building on the success of the 2025 conference, this year's program reflects continued progress in research, indoor air quality, and the growing recognition of environmental health as a critical public issue. The conference emphasizes the importance of creating cleaner, safer, and more inclusive environments, grounded in the principle of the right to breathe.

The conference brings together an expanding international network of researchers, healthcare professionals, scientists, legal experts, policymakers, and individuals with lived experience. Across both days, participants will explore the scientific foundations of MCS, emerging evidence on prevalence and causation, and the real-world impacts of chemical exposures in indoor environments. The program also highlights the importance of bridging research with practice connecting advances in science with healthcare approaches, public awareness, and policy solutions that support inclusion and accessibility.

Day 1 will focus on the scientific and clinical dimensions of MCS. Sessions will present new and evolving research on prevalence, causation, and genetic susceptibility, alongside clinical perspectives on managing MCS in healthcare and professional settings. The program also includes discussions on exposure-aware practices and a comprehensive review of interventions aimed at prevention, management, and treatment. This day is designed to strengthen scientific credibility while supporting practical approaches that improve health outcomes and indoor air quality.

Day 2 will focus on progress, policy, and systems-level change. The program will examine international developments and ongoing challenges in addressing MCS, alongside legal and human rights perspectives that shape access and inclusion. Presentations will highlight strategies to reduce chemical exposures in everyday environments, as well as new research initiatives focused on indoor air

quality, community impacts, and fragrance-free policies. The day will conclude with a multidisciplinary panel discussion bringing together diverse voices to reflect on barriers, progress, and future directions for building more inclusive and accessible environments.

Through interdisciplinary collaboration and global participation, Resilience 2026 aims to advance recognition of MCS while promoting clean air, healthier indoor environments, and inclusive spaces for all. The conference reinforces a shared commitment to addressing environmental determinants of health and ensuring that individuals can live, work, and participate in society in environments that support well-being, dignity, and full inclusion.

Conference Details

Title: Resilience 2026: International Conference on Multiple Chemical Sensitivity (MCS)

Dates: May 7 & 8, 2026

Format: Virtual (Live on Zoom)

Hosts: Environmental Health Association of Canada and Environmental Health Association of Québec

Accessibility:

- Simultaneous Translation (English to French and French to English)
- American Sign Language (ASL)
- Langue des Signes Québécoise (LSQ)
- Communication Access Realtime Translation (CART) captioning
- Multilingual Zoom captions
- Fully virtual format

For More Information and Registration

- **Conference Webpage:** <https://aseq-ehaq.ca/en/resiliencemcsconference-2026/>
- **Registration:** <https://aseq-ehaq.ca/en/resilience-registration-2026/>
- **Agenda:** <https://aseq-ehaq.ca/en/agenda/>
- **Speakers:** <https://aseq-ehaq.ca/en/speakers-on-resilience-2026/>
- **Organization Website:**
 - Environmental Health Association of Canada: <https://ehac-asec.ca/>
 - Environmental Health Association of Quebec: <https://aseq-ehaq.ca/en/>

Resilience 2026 represents another critical next step in advancing research, policy, and public awareness for Multiple Chemical Sensitivity, helping those affected receive recognition, access, and protections grounded in science, lived experience, and human rights.