



MCS is Real Stop the Bias

MCS is a physiological disability, not a psychological disorder.
It is not a debate, it is a human rights issue.

Biased Science Harms People

Misrepresentation has real-world consequences

Despite overwhelming global evidence that Multiple Chemical Sensitivity (MCS) is a physiological condition, some continue to falsely frame it as a psychological issue rooted in anxiety.

This kind of biased, outdated science:

- ✚ Discredits the lived experiences of people with MCS
- ✚ Delays in diagnosis, treatment, and support
- ✚ Fuels stigma, disbelief, and dismissal
- ✚ Denies access to accommodations
- ✚ Contributes to disability discrimination in public policy and healthcare



MCS is not caused by fear, stress, or anxiety. It is a chronic, physiological reaction to chemical exposure.

MCS has been medically documented for decades and is recognized, including by:

- ✚ The Canada Human Rights Commission
- ✚ Medical professionals at environmental health clinics in Canada
- ✚ Researchers globally who have identified inflammatory, neurological, immunological, and metabolic responses to chemical exposure
- ✚ United Nations Convention on the Rights of Persons with Disabilities



It's Time to Move Forward

What the UN Says

Biased science violates human rights

Biased science has long undermined the rights of people with MCS, with flawed research and misdiagnoses deepening stigma and neglect.

In 2025, the UN Committee on the Rights of Persons with Disabilities expressed concern over Canada's failure to:

- + Educate medical professionals on MCS
- + End harmful psychological framing of MCS
- + Provide necessary accommodations

The UN stresses that research must never invalidate the lived experiences of those with disabilities.

Canada's responsibility is clear and it demands action.

With Science, Dignity, and Justice

- ✦ MCS is a disability
- ✦ Stop publishing discriminatory, biased information
- ✦ Update policies and medical training to reflect physiological realities
- ✦ Uphold Canada's obligations under the United Nations Convention on the Rights of Persons with Disability (UNCRPD)
- ✦ Provide guidance on how to choose fragrance-free products

MCS is not "in the head." It's in the body, and it's time the system caught up.

Visit aseq-ehaq.ca to access the science, support, respectful policies, and to defend the rights of people with MCS.

Together, we can build safer, healthier, more inclusive environments.

aseq-ehaq.ca



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