



UN Recognition of MCS: A Turning Point for Accessibility in Canada

In March 2025, the United Nations Committee on the Rights of Persons with Disabilities formally recognized, for the first time, the discrimination and stigma experienced by people with Multiple Chemical Sensitivity (MCS) in Canada. This acknowledgment was included in its Concluding Observations on Canada's implementation of the Convention on the Rights of Persons with Disabilities (CRPD).

More than **1.13 million Canadians report a diagnosis of MCS**, yet many continue to face barriers to healthcare, housing, employment, and public spaces due to everyday chemical exposures. The UN's findings highlight the need for Canada to address these barriers and ensure equality and non-discrimination.

This moment represents an important opportunity to advance recognition of MCS as an **accessibility and human rights issue**, and to promote practical solutions such as fragrance-free and lowest-emission environments.

What You Can Do

You can help turn this recognition into real change:

- **Write to your elected representatives** to call for inclusive policies and safer indoor environments
- **Request accommodations** in healthcare, workplaces, and housing
- **Advocate for fragrance-free and lowest-emission spaces** in your community
- **Share information and lived experience** to raise awareness and reduce stigma
- **Use our template letters and social media tools** to support your advocacy



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Together, these actions can help reduce barriers and improve access to safe, inclusive environments for people living with MCS.

Learn more and take action:

<https://aseq-ehaq.ca/en/un-crpd-concluding-observations-on-canada-multiple-chemical-sensitivity-mcs-and-what-you-can-do/>