



On the Frontlines

Dear Members and Friends,

Welcome to the April Issue of Eco-Journal! We are reminded of the power of renewal as spring blooms all around us, not only in nature, but also in the collaborative efforts we undertake to build safer environments for people with Multiple Chemical Sensitivity (MCS).

Whether you've been with us for years or are just joining us now, our community is the cornerstone of our ongoing progress. This month, we shift our attention to advocacy and action, emphasizing how our community can make a significant impact on public awareness, accessibility, and environmental health.

Join us for RESILIENCE 2026: The International Conference on Multiple Chemical Sensitivity (MCS)

Our highly anticipated **RESILIENCE Conference on MCS is returning this year on May 7-8, 2026!** After hosting nearly 900 participants last year, we look forward to another global gathering of researchers, clinicians, legislators, and community leaders. Explore the latest findings on solutions and strategies to build safer, more welcoming environments for individuals with MCS. Your involvement can help advance practical solutions for fragrance-free spaces, promote awareness, and spark collaboration. To connect, learn and participate in this important global discussion, [register now!](#)

Preparing for MCS Awareness Month: Celebrating Progress



Multiple Chemical Sensitivity Awareness Month is quickly approaching in May 2026, and preparations are underway. MCS Awareness Day is observed worldwide on May 12, providing an opportunity to raise awareness and support for the more than 1.13 million Canadians diagnosed with MCS. By promoting fragrance-free public areas, issuing proclamations and adhering to accessibility guidelines set forth by the UN Convention on the Rights of Persons with Disabilities and the Accessible Canada Act, Canadian municipalities can take action. Your assistance in disseminating information about previous projects or supporting new ones contributes to the development of a more robust national movement.

Many landmarks across the country are participating in this movement by lighting up in yellow and green on MCS Awareness Day. We currently have almost 50 landmarks participating and are looking forward to Lighting Up Canada for MCS!

Participate Today

Learn more:

Download: [Why Multiple Chemical Sensitivity and the Month of May Matter](#)

View: [References and Evidence Base](#)

Share Your Voice

We want your voice to be featured on our new website! Your experiences are priceless, and sharing your story promotes understanding and change regardless of whether you work in environmental health, live with MCS or support someone who does. You can participate here by selecting the format that works best for you, such as written reflections, guided prompts or short answers. We look forward to hearing from you!

- [Your Story Matters: Supporting Someone with MCS](#)
- [Your Voice Matters: Living With MCS](#)



Upcoming Events

Voices of Resilience — Replay & Reconnect: A Resilience Series

April 17, 2026 | 6:30–7:45 PM ET

This session will feature Robert Lattanzio, LLB, discussing systemic challenges, stigma, and inaccessible procedures that continue to affect those living with MCS, despite its legal recognition as a disability in Canada.

[Register here.](#)

As time passes quickly, we continue our dedication to advocacy, awareness, and action. Progress is the outcome of people coming together, speaking up, and uniting. May, MCS Awareness Month, is fast approaching and will be crucial for broadening our influence, raising our community voices, and ensuring that everyone can live in safer environments. We appreciate your unwavering commitment, cooperation and support. We are working together to create a future in which safer surroundings and accessible air are acknowledged as fundamental rights, and we are grateful for your help every step of the way.

In solidarity,

Rohini Peris
President & CEO

Michel Gaudet
Executive Director