



On the Frontlines

Dear Members and Friends,

As the first signs of spring begin to appear, we find ourselves reflecting on how grateful we are for this community. Whether you have been with us for many years or have recently joined our work, your presence matters deeply.

Welcome to the March edition of *Eco-Journal*. This season represents renewal and forward momentum — and we are looking ahead with both determination and hope. Together, we continue our work to create safer, more accessible spaces for individuals living with multiple chemical sensitivity (MCS), while advancing new initiatives that strengthen research, policy, and community connection.

At the heart of this edition is something simple but essential: connection. Whether you live with MCS, support someone who does, work in healthcare or policy, or simply care about environmental health — we want to hear from you. There are many ways to engage, from surveys and storytelling to workshops, educational sessions, and conferences. Your voice helps shape this movement.

Featured Video: The Story of Asbestos and Environmental Health

We would like to share a recently released video by Veritasium on asbestos. The video explores the historical and ongoing impacts of asbestos exposure and how scientific evidence, industry practices, and regulatory gaps have shaped public health outcomes.

Asbestos is a well-documented environmental toxicant. The broader themes raised in the video — including regulatory oversight, economic influence, and long-term health consequences — resonate with many environmental health challenges today. For individuals living with MCS, these systemic patterns may feel especially familiar.

You can view the video [here](#).



May 2026: Multiple Chemical Sensitivity (MCS) Awareness Month

Each May, we mark Multiple Chemical Sensitivity (MCS) Awareness Month, with May 12 recognized internationally as MCS Awareness Day. Awareness matters — not only to educate, but to advocate for the more than 1.13 million people in Canada diagnosed with MCS.

In May 2026, municipalities across Canada have an opportunity to align with the Accessible Canada Act, the UN Convention on the Rights of Persons with Disabilities, and existing legal obligations by formally recognizing MCS and promoting healthier public spaces.

We are coordinating a national effort and would greatly value your support. If your municipality has issued proclamations or organized landmark lightings in the past — or if you would like to encourage them to do so — please share this information with us through our Municipal Information Survey Form.

Learn more:

Download: [Why Multiple Chemical Sensitivity and the Month of May Matter](#)

View: [References and Evidence Base](#)

Together, we can help light up Canada for accessibility, inclusion, and chemical-safe environments.

Share Your Story

We are currently redesigning our website and would love to reflect the voices of our community. If you live with MCS, or if you support someone who does, we invite you to share your experience.

Your story can be shared in whatever format feels most comfortable — written reflections, short responses, or guided prompts. If you need support in choosing a format or topic, we are here to help.

You may complete either survey below:



- [Share Your Experience — Supporting Someone with MCS](#)
- [Your Voice Matters: Living With MCS](#)

Every story shared strengthens understanding and builds change

Upcoming Events

2026 Annual General Meeting

March 20, 2026 | 1:00–4:00 PM ET

This year marks EHAC's 4th AGM and ASEQ's 22nd. We invite you to join us for this important milestone, which will include a special Pre-AGM event followed by the Annual General Meeting.

[Register here.](#)

Indoor Air Quality: Bridging Science and Inclusion

March 30, 2026 | 1:00–4:30 PM ET

Supported by Accessibility Standards Canada, this web conference will address indoor air quality in the built environment and share findings from our national research project, *Accessible Indoor Air in the Built Environment*.

[Register here.](#)

Voices of Resilience — Replay & Reconnect: A Resilience Series

April 17, 2026 | 6:30–7:45 PM ET

This session will feature Robert Lattanzio, LLB, discussing systemic challenges, stigma, and inaccessible procedures that continue to affect those living with MCS, despite its legal recognition as a disability in Canada.

[Register here.](#)

As we move through March, we want to thank you — not only for your support, but for your continued commitment to this work. Progress in environmental health and accessibility does not happen by accident. It happens because people choose to act, to speak up, and to stand together.



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We are building momentum — in research, in policy, and in public awareness. The months ahead, particularly as we approach MCS Awareness Month in May, will require collective effort and clear voices. We invite you to stay engaged, participate where you can, and help extend this work into your communities.

Together, we are advancing recognition, accountability, and accessible air as a fundamental right.

We look forward to continuing this work with you.

With determination and appreciation,

Rohini Peris
President & CEO

Michel Gaudet
Executive Director