

It's Time to Move Forward

with Science, Dignity, and Justice

- ✦ MCS is a disability
- ✦ Stop publishing discriminatory, biased information
- ✦ Update policies and medical training to reflect physiological realities
- ✦ Uphold Canada's obligations under the United Nations Convention on the Rights of Persons with Disability (UNCRPD)
- ✦ Provide guidance on how to choose fragrance-free products

MCS is not "in the head." *It's in the body,* and it's time the system caught up.

Visit aseq-ehaq.ca to access the science, support, respectful policies, and to defend the rights of people with MCS.

Together, we can build safer, healthier, more inclusive environments.

Connect With Us



- @aseqehaq1
- @aseq.ehaq
- @aseqehaq
- @aseq-ehaq
- @aseq-ehaq4924

aseq-ehaq.ca



L'ASSOCIATION POUR LA SANTÉ ENVIRONNEMENTALE DU QUÉBEC
ENVIRONMENTAL HEALTH ASSOCIATION OF QUEBEC

Canada

Funded in part by the Government of Canada's Social Development Partnerships Program - Disability Component



MCS is Real Stop the Bias

MCS is a physiological disability, not a psychological disorder. *It is not a debate, it is a human rights issue.*





Biased Science Harms People

Misrepresentation has real-world consequences

Despite overwhelming global evidence that Multiple Chemical Sensitivity (MCS) is a physiological condition, some continue to falsely frame it as a psychological issue rooted in anxiety.

This kind of biased, outdated science:



Discredits the lived experiences of people with MCS



Delays in diagnosis, treatment, and support



Fuels stigma, disbelief, and dismissal



Denies access to accommodations



Contributes to disability discrimination in public policy and healthcare

MCS is not caused by fear, stress, or anxiety. It is a chronic, physiological reaction to chemical exposure.

MCS has been medically documented for decades and is recognized, including by:

- + The Canada Human Rights Commission**
- + Medical professionals at environmental health clinics in Canada**
- + Researchers globally who have identified inflammatory, neurological, immunological, and metabolic responses to chemical exposure**
- + United Nations Convention on the Rights of Persons with Disabilities**



What the UN Says

Biased science violates human rights

Biased science has long undermined the rights of people with MCS, with flawed research and misdiagnoses deepening stigma and neglect.

In 2025, the UN Committee on the Rights of Persons with Disabilities expressed concern over Canada's failure to:

- Educate medical professionals on MCS
- End harmful psychological framing of MCS
- Provide necessary accommodations

The UN stresses that research must never invalidate the lived experiences of those with disabilities.

Canada's responsibility is clear and it demands action.

