



## Dear Members and Friends,

As August arrives and we move through the final stretch of summer, we want to take a moment to thank you for being part of the ASEQ-EHAQ community. Your resilience, your voices, and your ongoing dedication to creating safer, more inclusive spaces continue to guide and motivate our work.

We hope this month offers you time to rest, reconnect, and recharge. Whether it's preparing fresh, healthy meals, maintaining a least-toxic home, or simply enjoying quiet moments with those close to you, we encourage you to prioritize your health and well-being.

At ASEQ-EHAQ, our work remains grounded in advocacy and support for those living with Multiple Chemical Sensitivity (MCS). As we continue this important mission, we warmly invite you to take part in our upcoming August events—designed to raise awareness, build community, and help make every space more accessible for all.

## You're Invited to Our Upcoming Webinar Series

At ASEQ-EHAQ, we continue to work toward a Canada where clean indoor air is recognized as a fundamental right—especially for those living with MCS and other environmental disabilities. This commitment is at the heart of our upcoming four-part webinar series, “Accessible Air in the Built Environment”, where we'll present key findings from our national research project, funded by Accessibility Standards Canada.

This free series explores the barriers to indoor air accessibility, the real-world consequences of poor air quality, and inclusive, evidence-based strategies for creating healthier spaces. We warmly invite you to attend the following sessions:

### Webinar 1: Barriers to Accessible Indoor Air

September 26, 2025



1:00 – 2:15 PM ET

To advance accessibility in Canada, ASEQ-EHAQ conducted research to identify barriers to accessible indoor air through focus groups and assess the effectiveness of scent-free policies in improving indoor air quality by conducting indoor air testing in workplaces across Canada. Join




us for this first webinar in a 4-part series, which will focus on the barriers to accessible indoor air.

 **Register:** [Click here to join](#)

### Webinar 2: Consequences of Inaccessible Indoor Air – Social & Health Impacts

October 24, 2025


 1:00 – 2:15 PM ET

Building upon the first webinar that covered the barriers, this second webinar aims to explore the effects of these barriers on individuals with disabilities. From physical and health impacts to social impacts, the project's quantitative and qualitative dimensions are presented, offering a holistic view of the impacts of a lack of accessibility for vulnerable populations.

 **Register:** [Click here to join](#)

### Webinar 3: Evidence-Based and Inclusive Strategies to Improve IAQ

November 28, 2025


 1:00 – 2:15 PM ET

The series of webinars continues with a third webinar, presenting emerging solutions to improve indoor air and accessibility. Focus group findings will highlight the most frequently discussed solutions by study participants (individuals with disabilities), and the quantitative dimension will offer evidence-based solutions.

 **Register:** [Click here to join](#)

### Webinar 4: Series Wrap-Up and Open Discussion

January 30, 2026

 1:00 – 3:00 PM ET

To conclude this series, the final webinar will provide an overview of past webinars, summarizing the findings and their interconnections. The second part of the webinar will host a panel discussion and open the floor to questions, comments, and welcome participant inclusion.

 **Register:** [Click here to join](#)



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## **We hope to see you at these events!**

Please share this information with your networks and keep an eye out for upcoming community activities—we've got more in store.

## **Do you have a story to share?**

Your lived experience matters. Whether anonymous or named (your choice!), we'd be honoured to feature your story on our platforms. When stories are shared, they make a difference.

As always, thank you for your continued support.

Wishing you a restful and joyful August.

## **Take care and be well.**

Rohini Peris, President & CEO

Michel Gaudet, Executive Director