



Dear Members and Friends,

As summer unfolds, we want to thank you for being part of the ASEQ-EHAQ community. Your strength, your stories, and your ongoing commitment to creating healthier and more inclusive environments continue to inspire us all.

We hope this season brings you moments of peace, well-being, and renewal. Whether it's enjoying nourishing foods, creating a low-toxic space at home, or spending a gentle moment with loved ones, take time to care for yourself in ways that support your health.

At ASEQ-EHAQ, we remain dedicated to advocating for the rights and well-being of individuals living with MCS. As part of this commitment, we cordially invite you to join our upcoming events, which aim to raise awareness, foster understanding, and support the creation of inclusive spaces.

“Accessible Air in the Built Environment” Webinar Series

ASEQ-EHAQ invites you to a four-part webinar series presenting findings from our national research project, funded by Accessibility Standards Canada. The series will examine the challenges to indoor air accessibility, the consequences of poor air quality, and inclusive approaches to improving indoor environments, particularly for individuals with disabilities.

Webinar 1: Barriers to Accessible Indoor Air

Date: September 26, 2025

Time: 1:00 – 2:15 PM ET

Details:

This session provides an introduction to the primary barriers hindering access to clean indoor air, as identified through national focus groups and air quality testing in various workplaces. Participants will gain a clear understanding of the research findings that highlight systemic gaps in indoor air quality across different environments.



 **Register:** [Click here to join](#)

Webinar 2: Consequences of Inaccessible Indoor Air – Social & Health Impacts

Date: October 24, 2025

Time: 1:00 – 2:15 PM ET

Details:

Inaccessible indoor air has far-reaching consequences. This session delves into the health and social impacts experienced by individuals, particularly those from vulnerable or marginalized communities. Drawing on both statistical data and personal narratives, we'll examine how poor air quality contributes to isolation, exclusion, and health deterioration.

 **Register:** [Click here to join](#)

Webinar 3: Evidence-Based and Inclusive Strategies to Improve IAQ

Date: November 28, 2025

Time: 1:00 – 2:15 PM ET

Details: This session highlights practical, inclusive solutions for improving indoor air quality (IAQ). Grounded in evidence and informed by community insights, the strategies presented will empower participants to implement changes in their homes, workplaces, and public spaces, supporting cleaner, safer air for all.

 **Register:** [Click here to join](#)

Webinar 4: Series Wrap-Up and Open Discussion

Date: January 30, 2026

Time: 1:00 – 3:00 PM ET

Details:

Join us for a dynamic wrap-up session that reviews the series' key findings and opens space for an interactive dialogue. Participants will have the opportunity to engage in a Q&A with the research team and panellists, share insights, and explore next steps



toward building more accessible indoor environments.

 **Register:** [Click here to join](#)

Stay engaged with ASEQ-EHAQ to discover upcoming events, explore new tools and resources, and stay informed about our ongoing advocacy for individuals living with MCS. As we work toward a future where clean air is accessible to all, we invite you to take care, stay safe, and enjoy a healthy and restful summer.

As always, we remain committed to supporting you through advocacy, education, and community. Thank you for walking this path with us.

Take good care, and enjoy the summer,

Warm regards,

Rohini Peris, President & CEO

Michel Gaudet, Executive Director