



Dear Members and Friends,

MCS Awareness Month of May Ends - But Our Work Continues

As MCS Awareness Month comes to a close, we want to thank you for standing with us throughout May. From illuminating monuments across the country to sharing stories, resources, and research, your support has helped shine a powerful light on the experiences of those living with multiple chemical sensitivity (MCS)

But our work does not end here.

We remain deeply committed to advancing recognition, rights, and accessibility for individuals with MCS in every province and territory. This means continuing to push for fragrance-free policies, inclusive healthcare, equitable housing, and national research and standards, guided by lived experience and backed by science.

Let's carry the momentum forward. We encourage you to keep sharing, advocating, and connecting with others who believe in a Canada where clean air and accessibility are rights, not privileges. Together, we can make lasting change.

At ASEQ-EHAQ, we continue to champion the rights and well-being of individuals living with MCS. As part of our ongoing efforts, we invite you to participate in our upcoming events, designed to raise awareness, share knowledge, and foster inclusive environments.

May Resilience Conference

Thank you for joining us for our Resilience Conference this past May!

This impactful two-day online event, hosted via Zoom, brought together international speakers to explore resilience in the face of Multiple Chemical Sensitivities (MCS).

The conference focused on:

- Advancing scientific understanding and promoting research collaboration
- Improving diagnosis, treatment, and medical education for MCS
- Advocating for policy reform and the creation of safer, fragrance-free environments



We're pleased to share that the complete recordings will be available for viewing in June. You will be receiving the link as soon as they are uploaded to the website.

Insights & Impact from the Resilience International Conference on MCS

Following the success of *Resilience: An International Conference on Multiple Chemical Sensitivity (MCS)*, which drew close to 900 participants including united voices across disciplines to address the urgent need for scientific legitimacy, policy change, and education, ASEQ-EHAQ invites you to a special follow-up event on **June 27, 2025 starting at 1 pm.EDT**

This 90-minute Zoom session, *Insights & Impact from the Resilience International Conference on MCS*, will revisit powerful moments and key takeaways from the groundbreaking two-day gathering. Attendees will be guided through the conference website, which features full recordings, summaries, and resources, while also engaging in open discussion on how to transform insights into action.

Whether you joined us in May or are new to the conversation, this is your opportunity to stay connected, informed, and empowered to support lasting change in the recognition and treatment of MCS. [Register here.](#)

“Accessible Air in the Built Environment” Webinar Series

ASEQ-EHAQ invites you to a four-part **webinar series** that shares results from our national research study, funded by Accessibility Standards Canada. The series will explore barriers to indoor air accessibility, the impacts of poor air quality, and inclusive strategies to improve indoor air for everyone, especially individuals with disabilities.

Webinar 1: Barriers to Accessible Indoor Air

Date: September 26, 2025

Time: 1:00 – 2:15 PM ET

Details: Learn about obstacles to clean indoor air identified through national focus groups and workplace air testing. This session introduces key findings from our research.

 **Register:** [Click here to join](#)



Webinar 2: Consequences of Inaccessible Indoor Air – Social & Health Impacts

Date: October 24, 2025

Time: 1:00 – 2:15 PM ET

Details: Discover the real-world impacts of inaccessible air on vulnerable communities—from health risks to social exclusion. This session shares both quantitative data and lived experiences.

 **Register:** [Click here to join](#)

Webinar 3: Evidence-Based and Inclusive Strategies to Improve IAQ

Date: November 28, 2025

Time: 1:00 – 2:15 PM ET

Details: Explore practical, inclusive strategies to enhance indoor air quality (IAQ). This session highlights evidence-based and community-informed solutions.

 **Register:** [Click here to join](#)

Webinar 4: Series Wrap-Up and Open Discussion

Date: January 30, 2026

Time: 1:00 – 3:00 PM ET

Details: A concluding session that recaps key findings and opens the floor for discussion. Includes a panel Q&A where your voice and questions are welcome.

 **Register:** [Click here to join](#)

Space is limited—secure your spot today!

We look forward to your participation.



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Thank you for participating in MCS Awareness Month. As we move beyond May, the work continues, and so does our commitment to lasting change.

Stay connected with ASEQ-EHAQ to learn about upcoming events, access new resources, and follow advocacy efforts that support individuals living with MCS. Together, we can continue building a Canada where everyone can breathe safely and live fully.

To your health and well-being

Rohini Peris, President & CEO

Michel Gaudet, Executive Director