



News from ASEQ-EHAQ

Dear Members and Friends,

At ASEQ-EHAQ, we are continuing to work hard to advocate for better recognition and support for people with Multiple Chemical Sensitivity (MCS). Our commitment to raising awareness and establishing resources for those affected remains unwavering. We truly appreciate your ongoing support and active participation in our events, which play a vital role in helping us achieve our mission. Together, we can make a difference!

Annual General Meeting (AGM)

The Environmental Health Association of Québec is celebrating 21 years of advocacy, while the Environmental Health Association of Canada (EHAC) marks 2 years of national collaboration at their Annual General Meeting on March 21, 2025, from 1:00 PM to 4:15 PM EST. There will be a panel discussion from 1:00 PM to 2:30 PM, including people with and without MCS for education, awareness and inclusion. The virtual event will provide an opportunity to reflect on progress, set future directions, and strengthen advocacy for environmental health, accessibility, and equity. Participants are encouraged to attend and help shape the organizations' path forward.

To participate in the AGM over Zoom, please click [here](#).

Resilience Conference

The RESILIENCE: International Conference on Multiple Chemical Sensitivity (MCS) will be held online via Zoom on May 1 and May 2, 2025, with accommodations including ASL, LSQ, CART, and multilingual captioning. The conference will explore the theme of resilience, aiming to advance scientific understanding, foster collaborative research, and drive systemic change for a safer environment and improved quality of life for people with MCS. It seeks to raise awareness about the challenges of MCS, improve diagnostic and



therapeutic practices, and educate the next generation of medical professionals about the condition's legitimacy and necessary policy changes. [Register here](#).

Petition

ASEQ-EHAQ is urging stronger protections against toxic chemicals found in everyday products that threaten public health and the environment. The petition advocates for cleaner air, safer alternatives, and reduced exposure to harmful substances linked to health issues like Multiple Chemical Sensitivity (MCS). By supporting this initiative, **Canadians and people around the world** can help promote a healthier, toxin-free future.

As of February 26, 282 people have signed the petition. The deadline to sign is May 3.

To sign the petition, click on this [link](#) and fill out the form. Then, check your email for a message from the National Assembly of Québec. In that message, click on the provided link to confirm and register your signature.

Thank you for standing with us in our journey toward better advocacy and support for people with MCS. Stay tuned for more updates and upcoming events – together, we can continue to make a positive impact!

Warm Regards,

Rohini Peris, *President and CEO*

Michel Gaudet, *Executive Director*