



Association pour la santé environnementale du Québec
Environmental Health Association of Québec

Screening Questions for Selecting MCS-Safe Workers

Here's a list of screening questions to ask potential workers before allowing them to enter a home with an individual with Multiple Chemical Sensitivity (MCS):

1. Fragrance and Product Use

- Are you willing to avoid wearing scented products, such as perfume, cologne, or scented deodorant, on the day of your visit?
- Do you have access to unscented personal care products (soap, shampoo, laundry detergent) that you could use before entering?

2. Clothing and Laundry Practices

- Can you wear freshly washed clothing laundered with fragrance-free, hypoallergenic detergent, and avoid fabric softeners or dryer sheets?
- Are you able to avoid wearing clothing with any lingering chemical or tobacco smells?

3. Familiarity and Compliance with MCS Requirements

- Have you worked in fragrance-free or MCS-sensitive environments before?
- Are you open to reviewing a checklist of requirements specific to fragrance-free environments?
- Do you understand that strict adherence to these requirements is essential for the homeowner's health?

4. Handling of Tools and Cleaning Supplies

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- Are you able to use only unscented, non-toxic cleaning products provided by the homeowner, and avoid bringing any outside chemicals into the home?
- Do you have clean tools and equipment free from chemical residues or scents?
- Would you be able to limit the use of any products or tools that could emit strong odours or chemicals?

5. Health and Hygiene Practices

- Are you a non-smoker, or are you able to avoid smoking before and during your time on the property?
- Are you willing to avoid using hand sanitizers, antibacterial products, or recent applications of strong-smelling products before entering?

6. Understanding and Willingness to Comply

- Do you understand that entering a home with MCS requires certain adjustments and compliance to prevent serious health impacts for the resident?
- Are you comfortable following strict guidelines for maintaining a scent-free environment while in the home?

Follow-Up Decision-Making

If the worker agrees to all points above, provide them with a detailed checklist of entry requirements (Checklist and Agreement) and ensure they are committed to each aspect. This process helps ensure that only workers who are fully committed to creating a safe environment for the person with MCS are considered.

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