



Association pour la santé environnementale du Québec
Environmental Health Association of Québec

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News from ASEQ-EHAQ

Wishing You a Wonderful 2025: A Year of Unity, Action, and Success

As we step into 2025, we wish you and your loved ones a New Year filled with good health, happiness, and strength. Together, let us embrace the opportunities that lie ahead with renewed determination and purpose.

Reflecting on the past year, we are deeply grateful for the remarkable gains we achieved—achievements that were only possible because you stood with us. Your participation, support, and advocacy have been the driving force behind our successes. This community is *your* community; this group is *your* group. Every step forward is because of you and, more importantly, *with* you.

Moving Forward Together

While uncertainty may greet us in 2025, what remains certain is the enormous work we have to accomplish together—work that will uplift and empower the Multiple Chemical Sensitivity (MCS) community across Canada and beyond. Our shared vision of inclusion, accessibility, and healthier environments will guide us as we continue to build momentum and make tangible progress.

Open Doors: A Space for Connection and Inclusion

We are excited to announce that our monthly Open Doors via Zoom will restart at the **end of January**. These gatherings are designed to bring us together, share ideas, and, most importantly, feel the heartbeat of the MCS community. They are a space for connection, inclusion, and collaboration—a place where every voice matters. Mark your



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calendars and join us as we embark on another year of impactful conversations and community-building.

An Invitation to Join Us: Become a member

If you are not yet a member, we invite you to join us and become part of this transformative movement. [Membership](#) is not just about belonging—it is about strengthening the collective voice of the MCS community. With your membership, you help drive initiatives that create healthier, more inclusive spaces and ensure that the needs of those living with MCS are heard loud and clear. Together, we are stronger.

Save the Date: International Conference on MCS

We are thrilled to share that on **May 1 and 2, 2025**, we will host the **International Conference on Multiple Chemical Sensitivity (MCS)**. This global gathering will bring together experts, advocates, medical professionals, and community members to share knowledge, build solutions, and amplify awareness. More details will follow in the coming months, but we encourage you to mark your calendars for this significant event.

Registration is open for: [Day 1](#) and [Day 2](#)

Let's Make 2025 a Year of Impact

As we look ahead, let us carry the lessons of 2024 and the spirit of resilience that defines this community. With your continued support and unwavering determination, there is no limit to what we can achieve together.

Wishing you all a wonderful New Year filled with good health, joy, and endless possibilities.

With gratitude and solidarity,

Rohini Peris, President

Michel Gaudet, Executive Director