



Association pour la santé environnementale du Québec
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Recipe for the month of July

Enjoy the perfect summer treat with these refreshing Blackberry Lemon Popsicles, blending sweet blackberries and zesty lemon for a deliciously cool delight.





Blackberry Lemon Popsicles

Serving: 10

2/3 cup of lemon juice

2 ½ cup of dairy free vanilla yogurt

2 ½ cup blackberries

2 ½ cup vegan mixed berry Greek yogurt

Preparation:

In a bowl add the lemon and vanilla yogurt and whisk. Purée the blackberries and mixed berry yogurt together. Layer the popsicles with 1 Tbsp of lemon, 1 Tbsp of blackberries and repeat. Insert the popsicle sticks in the freezer for 6 hours or overnight.

Enjoy!