



Association pour la santé environnementale du Québec  
Environmental Health Association of Québec



Société  
d'habitation  
Québec



EHAC • ASEC  
Environmental Health Association of Canada  
Association pour la Santé Environnementale du Canada

## Webinar

### Improving Indoor Air Quality: A Conference on Healthy Living and Mould Prevention

March 21, 2024  
Time: 1:00 - 4:00 PM EST

## Speakers

John Molot MD, Eddy Hunter, Diane Bastien, Michel Gaudet,  
Pierre-Luc Fréchette, Philippe Fortin

## Description and Agenda

### ASEQ-EHAQ

Association pour la santé environnementale du Québec • Environmental Health Association of Québec  
C.P./P.O. # 364, Saint-Sauveur, Québec J0R 1R0  
514-332-4320 • bureau@aseq-ehaq.ca • office@aseq-ehaq.ca  
aseq-ehaq.ca • ecoasisquebec.ca

Français : [HypersensibiliteEnvironnementale.com](http://HypersensibiliteEnvironnementale.com)  
[LaVieEcolo.ca](http://LaVieEcolo.ca)

English: [Environmentalsensitivities.com](http://Environmentalsensitivities.com)  
[EcoLivingGuide.ca](http://EcoLivingGuide.ca)



**John Molot, MD**

Dr. John Molot began his focused medical practice on environmental health in Ottawa in the 1980s and has been a staff physician at the Environmental Health Clinic at Women's College Hospital in Toronto since 2007. He is an adjunct professor in the Faculty of Medicine at the University of Ottawa.

Dr. Molot has developed an expertise in indoor air quality and health effects. In the 1990s, he was appointed as Medical Advisor to the Federal Task Force on Material Emission Standards, chaired by Canada Mortgage and Housing Corporation (CMHC) and from 2014 to 2016, he was a member of the National Research Council Task Group on Ventilation and Indoor Air Quality.

In 2007, he collaborated in developing The Medical Perspective on Environmental Sensitivities for the Canadian Human Rights Commission, which led to the Commission's recognition of environmental sensitivities as a disability with the legal right to accommodation. In 2013, he wrote the Academic and Clinical Perspectives segment of a business case proposal to build a Centre of Excellence in Environmental Health, which led to the creation of the Ontario Task Force on Environmental Health (2016-18), to which Dr. Molot was appointed by the Minister of Health and Long-Term Care, Ontario.

Presently, he is a member of the Canadian Committee on Indoor Air Quality, and medical advisor for Canadians for Properly Built Homes and the Environmental Health Associations of Québec and Canada. He has recently published peer-reviewed articles on MCS titled, Neurological susceptibility to environmental exposures: pathophysiological mechanisms in neurodegeneration and multiple chemical sensitivity and Multiple Chemical Sensitivity: It's time to catch up to the science. Dr. Molot has also authored a book called 12,000 Canaries Can't be Wrong.



**Eddy Hunter, M.Sc.**  
**Urban Planning Advisor, Housing Department, City of Montreal**

In his role as Urban Planning Advisor in the Housing Department of the City of Montreal, Eddy Hunter specializes in environmental matters, particularly within the housing sector. He leads the coordination of studies and initiatives concerning contaminated soils and regulated materials, such as asbestos, PCBs, and silica, with a focus on social housing projects within the city. Eddy's influential role extends to his active participation in shaping industry standards, contributing to the development of Quebec regulations on mould and dry rot as part of the Quebec Standards Bureau. With a master's degree in environmental biology from the Université de Montréal, Eddy plays a pivotal role in advancing sustainable practices and improving environmental quality in urban areas.



**Diane Bastien, PhD**  
**Director of the environmental inspection firm Living Buildings**

As the Director of Living Buildings, an environmental inspection firm, Diane Bastien applies her extensive background in eco-friendly and health-conscious construction practices. With a doctorate in building engineering and membership in the Quebec engineering cooperative ALTE, Diane is involved in research on energy-efficient buildings. She leads a pioneering project on the hygrometric performance of exterior walls at the University of Southern Denmark. With over fifteen years of experience, Diane is renowned for her commitment to sustainability and holds certifications as a Passive House designer and Building Biology Environmental Consultant. Recognized for her contributions, Diane has received numerous academic awards and was featured in the 2016 article "10 Engineers Building the Future" by Les Affaires journal.



**Michel Gaudet**  
**Vice-President & Executive Director**  
**Environmental Health Associations of Québec and Canada**

Michel Gaudet has worked on environmental health issues for close to thirty years. He is the Vice President and Executive Director of the Environmental Health Associations of Québec and Canada.

In 2012 he collaborated with the University of Québec in Montreal (UQAM), TELUQ and SAC of UQAM to develop a project on the biological, social and legal aspects of environmental sensitivities entitled 'When the environment makes you ill: Need to understand, need to act'. He has been trained by the University of Québec in Montreal (UQAM) and has given many workshops on this project in more than ten regions of Québec.

Presently, his work with the Environmental Health Associations of Québec and Canada puts him in contact with people who are disabled with multiple chemical sensitivities. Michel works closely with expert physicians at the environmental health clinic at the University of Toronto, and other expert physicians and scientists. He has also participated as a speaker at many conferences in the United States and Canada.



**Me. Pierre-Luc Fréchette**  
**Co-manager of public and legal affairs**

Pierre-Luc has been a member of the Ontario Bar since 2017 and is a former criminal lawyer. He now works in public and legal affairs for the Réseau québécois des OSBL d'habitation. The RQOH brings together, supports and represents 8 regional federations and 1,200 housing OSBL in Quebec. Pierre-Luc is also neuroatypical and, in addition to the legal, political and social issues surrounding housing, is interested in philosophy and poetry.



**François Léger Boyer**  
**Project Manager**  
**GRT 2000+ Network**

A versatile project manager, François brings a wealth of experience in citizen mobilization from his work with environmental organizations. With precision and sensitivity, he guides project groups through the various stages in the development and implementation of community housing and real estate projects.



**Philippe Fortin, B. Eng., M. Sc.A.  
Co-Founder Procurement and Logistics - Head of Innovation R&D, HECO Hemp  
Innovation**

Philippe is passionate about innovation and technical concepts in building construction. After graduating in construction engineering from ÉTS in 2019, he completed a master's degree with a thesis on hemp concrete material in 2022. Now, he aims to showcase his skills by spearheading innovative building projects. Philippe is the co-founder of HECO Hemp Innovation, where his professional vocation becomes the company's main mission.