



Association pour la santé environnementale du Québec  
Environmental Health Association of Québec

## Speakers

### Multiple Chemical Sensitivity: It's Time To Catch Up To The Science

Event on September 27 at 6:45 pm

Link to register: <https://us02web.zoom.us/meeting/register/tZMtc-mhpzkqHdSy5KSOsAi299SeqInOneFe#/registration>



## John Molot MD FCFM

### Environmental Health and MCS: Biological and Clinical Aspects

Dr. John Molot is an adjunct professor in the Faculty of Medicine at the University of Ottawa. He has taught medical students and residents in family medicine from multiple Canadian medical schools. In 2016, he was appointed as a clinician expert to the Ontario Task Force on Environmental Health by the Minister of Health and Long-Term Care. He has provided numerous Mainpro-C workshops on MCS to the Canadian Colleges of Family Physicians. He has recently published peer-reviewed articles on MCS titled *Neurological susceptibility to environmental exposures: pathophysiological mechanisms in neurodegeneration and multiple chemical sensitivity* and *Multiple Chemical Sensitivity: it's time to catch up to the science. In his upcoming presentation.* In this workshop, Dr. Molot will dissect the intricate links between our environment and human health, focusing on the complex pathophysiological mechanisms underlying multiple chemical sensitivities. He'll emphasize the significance of recording an environmental exposure history, explain its principles, and pinpoint its crucial role in clinical application.

#### ASEQ-EHAQ

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**Français :** [HypersensibiliteEnvironnementale.com](http://HypersensibiliteEnvironnementale.com)  
[LaVieEcolo.ca](http://LaVieEcolo.ca)

**English:** [Environmentalsensitivities.com](http://Environmentalsensitivities.com)  
[EcoLivingGuide.ca](http://EcoLivingGuide.ca)



## Farah Tabassum MD FCFM

### A Close Look at a Canadian Environmental Health Clinic:

Dr. Farah Tabassum is a staff physician at Women's College Hospital's Environmental Health Clinic (EHC), one of three publicly funded clinics in Canada offering specialized services for patients with suspected ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome), Fibromyalgia, and Environmental Sensitivities. For over a decade and a half, Dr. Tabassum worked in Community Health Centres as a family physician. Additionally, she pursued psychotherapy training, earning recognition as a Certificant member of the MDPAC (Medical Doctors Psychotherapy Association of Canada) since 2005. Beyond her commitment to family medicine, she for several years offered her expertise as a GP Psychotherapist. A passionate advocate for integrative approaches to health and preventative medicine, Dr. Tabassum pursued specialized training through the University of Toronto's Department of Family and Community Medicine's PGY-3 Enhanced Skills Program in Clinical Environmental Health. She currently is on staff at the EHC and is a part-time Lecturer at the University of Toronto. She is a member of the Executive Committee for the CIHR-funded ICanCME (Interdisciplinary Canadian Collaborative ME) research network and a Collaborator in the CIHR-funded Long COVID Web research network. Dr. Tabassum's upcoming talk, "A Close Look at a Canadian Environmental Health Clinic," delves into the history and pivotal role of the EHC since 1996, highlighting its significant contributions to medical education and clinical care.

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## **Caroline Barakat PhD**

### **An Epidemiological Perspective of Research on Indoor Air Quality and Health**

Caroline Barakat is an Associate Professor of Environmental and Occupational Health at Ontario Tech University and a trained Medical Geographer from McMaster University. She specializes in health geography and environmental epidemiology. Her extensive research portfolio includes the effects of childhood exposure to adverse air pollutants and a comprehensive environmental health study involving over 30,000 residents of the United Arab Emirates. She is currently involved in research projects on behaviour changes aimed at reducing toxin exposures from personal care and household products. Caroline's upcoming presentation will provide an in-depth look at research methodology related to indoor air quality and health. She will discuss the strengths and drawbacks of current methodologies, delve into the main criteria pollutants, and provide a comprehensive review of existing evidence. Moreover, Caroline's current research involvement includes her role in the 'Accessible Indoor Air in the Built Environment' project. As a key member of its Steering and Advisory Committee, she focuses on advancing research on accessibility standards.

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## Robert Lattanzio LLB

### Supporting Patients' Rights to Disability-Related Accommodations

Robert Lattanzio, who has served as the Executive Director of ARCH Disability Law Centre since 2015, embarked on his journey with ARCH back in 2003. Over the years, he has made significant contributions to the field, arguing influential test cases up to the Supreme Court of Canada. As a recognized authority, Robert is a frequent guest lecturer on pivotal topics such as human rights law, education law, and disability rights. His profound commitment to disability rights and social justice is evident in his extensive work and volunteer involvement within various equity-seeking communities. A recipient of the Law Foundation of Ontario's Guthrie Award in 2022, Robert's contributions to access to justice are unparalleled. He earned his LL.B and B.C.L. degrees with distinction from McGill University in 2003. In his forthcoming presentation, Robert will discuss the role of medical professionals within the duty to accommodate process, and highlight some key considerations when determining what information is needed within the context of human rights law.

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