

# INVITATION



## WEBINAR

### IMPROVING INDOOR AIR QUALITY: WITH INNOVATIVE SOLUTIONS AND LOW EMISSION CONSTRUCTION MATERIALS

March 23, 2023, from 1 to 4 pm

The Environmental Health Association of Québec (ASEQ-EHAQ), in collaboration with La Société d'habitation du Québec and Québec BVI invite you to the webinar entitled "IMPROVING INDOOR AIR QUALITY: WITH INNOVATIVE SOLUTIONS AND LOW EMISSION CONSTRUCTION MATERIALS".

This event is aimed at industries and businesses working in the field of construction materials, energy efficiency, ventilation, heating and cooling, architects, students and teachers in research and innovation, public sector professionals in health and housing, but also the public interested in using less harmful materials and other measures to improve indoor air quality in their construction or renovation projects.

There is growing awareness on the need for good indoor air quality, and while the supply of natural, healthy food and household products is now more easily accessible in Quebec stores, it is quite different for low-emission construction and renovation materials. This lack of information and access to these materials, is a major issue for those who choose to have such products, and especially for people who experience Multiple Chemical Sensitivity (MCS) and wish to build or renovate their homes. Due to their medical condition, people with MCS experience reactions to chemicals or volatile organic compounds (VOCs) found in products, causing symptoms in many body systems, such as brain fog, headaches, memory loss, coughing and congestion, joint pain, and skin problems. This condition, affects more than 3.5% of Canadians, with 1.1 million diagnosed in Canada, and over 250,000 in Québec (Statistics Canada, 2020), yet it is still largely unknown to most of the population even though it is a recognized disability (CHRC, 2007), which needs to be accommodated for access to housing, by using non to low-emission products.

On March 23rd, specialists will present their latest research and innovations on the subject. The ASEQ-EHAQ will also present its ECOASIS project, constructing 40 healthy housing units in the heart of the Laurentians. We hope to count you among us to further our reflections on greener and healthier buildings, for human health and our environment.

Industry, academia, professionals, and everyone else is invited to contact us after the webinar if there is interest on innovative solutions for building with a focus on good air quality.

We look forward to seeing you there,

**Michel Gaudet**  
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IN COLLABORATION WITH:

