



Association pour la santé environnementale du Québec
Environmental Health Association of Québec

ECO-JOURNAL

March 2023

Dear members and friends,

Yes, we acknowledge we missed releasing the February newsletter; it has been extraordinarily busy with all good things, and we dropped the ball on the newsletter.

We are here now, ready to jump into March with renewed vigour and energy, and have a few important items to share with you.

Let's go back to the ever-present, erroneous report on Multiple Chemical Sensitivities (MCS) by the Quebec National Institute of Public Health (*Institut national de santé publique du Québec* (INSPQ)). We posted a survey to gather information about the impact of this report on people experiencing MCS. We received very good data from your responses, and we thank all of you who completed the survey. We need to monitor this question over time, and so we are releasing it once again to measure the impact of this report.

To access this survey, [please click here](#)

The Empowering Community and Removal of Barriers (ECRoB) project is progressing, and we have held events such as the lived experience of MCS, established a Disability Advisory Committee and are in the process of preparing content for the project.

Please visit our website to read about the ECRoB project, [click here](#)

There will be at least two one-hour 'Selfcare Practice' events online each month. Participants have reported great satisfaction with these events. Stay tuned to calendar of events on the website, or our emails announcing the 'Selfcare Practice' events.

Please mark your calendars. There is an Open House every last Friday of the month from 2:30 to 3:30 in French, and 3:30 to 4:30 in English. All are welcome. We don't have an agenda to follow. Please drop in to say hello.





March will bring other important events:

1. March 23: Webinar, titled: IMPROVING INDOOR AIR QUALITY WITH INNOVATIVE SOLUTIONS AND LOW EMISSION CONSTRUCTION MATERIALS. The event is online, from 1 to 4 pm. There will be simultaneous translation.

Please register for this event at: <https://www.eventbrite.ca/e/billets-ameliorer-la-qualite-de-lair-interieur-improving-indoor-air-quality-531054868407>

2. March 25: Annual General Meeting (AGM) for two groups. The Environmental Health Association of Québec (19th AGM), and The Environmental Health Association of Canada (1st AGM).

The online event will be held from 1:30 to 3:45 pm

- AGM: 1:30 to 2:30 pm
- Presentation: 2:45 to 3:45 pm

There will be simultaneous translation for the entire event.

Presentation:

Selected legal topics and challenges related to MCS disability,

Amélie Lauzon, B.Soc. Sc, LL.L. M.A.

This presentation will cover a handful of legal issues related to the disability of MCS, such as the duty to accommodate and the appropriate jurisdiction for each case. It will also cover the various steps to take when a fragrance-free establishment fails to comply and/or enforce its policy. The goal is to provide participants with a better understanding of MCS-related rights and how to assert them.

Please note:

The AGM is open to everyone, however, only members can vote at the AGM.

To register in advance for this meeting, please click here:

https://us02web.zoom.us/meeting/register/tZcrcOqrrjlvGd1mSPVEv3gZK5e0DI6mrq_o

After registering, you will receive a confirmation email with information on how to attend the meeting.



If you have any questions, please contact us at:

Email: office@aseq-ehaq.ca Telephone: 514 332 4320

On behalf of the board of ASEQ-EHAQ and our entire team, we wish you a wonderful, healthy month of March.

Take care and be well,

Rohini Peris

Président

Michel Gaudet

Executive Director