

Bio 2022

Dr. John Molot has focused his medical career on environmental medicine and in the past 30 years has seen more than 12,000 people with environmentally linked conditions, like MCS. He works with the Environmental Health Clinic at Women's College Hospital in Toronto. His practice is now focused on advocacy, providing medical legal assessments and publishing scientific articles on MCS.

In 2007, he collaborated with Meg Sears, PhD, to write *The Medical Perspective on Environmental Sensitivities* for the Canadian Human Rights Commission, which led to the Commission's recognition of environmental sensitivities as a disability with the legal right to accommodation.

He has developed and provided workshops for both the Canadian and Ontario Colleges of Family Physicians regarding Sick Building Syndrome, Multiple Chemical Sensitivities and on how to take an environmental exposure history. In 2011, Dr. Molot chaired an Ontario College of Family Physicians subcommittee, which developed and implemented a 2-day program entitled, *Environment-Linked Illnesses – Prevention, Diagnosis and Management from Preconception to Old Age program*. He wrote and presented the module entitled, *Common Chronic Illnesses and the Environment*, and collaborated on and presented the module entitled, *Chronic Pain, Fatigue, and Chemical Intolerance Linked to Environment Exposures: Office Assessment and Management*. These modules were accredited for continuing medical education by the College of Family Physicians of Canada.

In 2013, he wrote the Academic and Clinical Perspectives segment of a business case proposal to build a Centre of Excellence in Environmental Health. It was funded by the Ministry of Health and Long-Term Care (MoHLTC), and contained more than 1100 citations. As a result of this proposal, the MoHLTC created a Task Force on Environmental Health in 2016 to which he was appointed as a clinician expert by the Minister of Health and Long-Term Care.

Dr. Molot recently published a peer-reviewed article entitled, *Neurological susceptibility to environmental exposures: pathophysiological mechanisms in neurodegeneration and multiple chemical sensitivity*. He is also the author of the book, *12,000 Canaries Can't Be Wrong: What's Making Us Sick and What We Can Do About It*.