



Association pour la santé environnementale du Québec
Environmental Health Association of Québec

ECO-JOURNAL

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News from ASEQ-EHAQ

Dear friends,

Our community has been deeply affected by the loss of Dr Lynn Marshall. Her generosity of spirit, consistent support and presence in ASEQ-EHAQ will be deeply missed. If you missed the memorial for Dr Marshall, [you can view it at this link in the coming days](#).

All ASEQ-EHAQ events for the month of May have been dedicated to Dr Lynn Marshall. May is the month for awareness and education on MCS. This is a fitting tribute of deep respect, appreciation and love for Dr. Marshall, who was devoted to the protection of environmental health.

We encourage you to always pass on information about the disability of MCS, but especially for the month of May.

We have a month packed with information and presentations for you. We will have three important presentations with information on MCS. Be sure to register for these events. Preregistration is required for security reasons.

Dr. Elie Stein, May 6: **MCS and Anxiety: Dispelling the Myth**. [Click here to register](#)

Dr. John Molot, May 12: **Multiple Chemical Sensitivity: Top 10 Myths**. [Click here to register](#)

Dr Domenica Tambasco, May 30: **Practical tips to reduce exposures for people experiencing Multiple Chemical Sensitivity**. [Click here to register](#)

In addition, to help you spread the word on healthy, fragrance-free living, we have created very short videos on how to make the change to healthy choices for everyday living. Please keep an eye out for the emails and social media posts, and share them within your circle and on your social media.



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On May 12, Niagara Falls will be illuminated yellow and green at 10 PM for 15 minutes in honor of MCS. To watch this event, click here:

https://www.earthcam.com/canada/niagarafalls/?cam=niagarafalls_str

Our community is seeing the effects of the infamous INSPQ report on MCS. The 'Office for Science and Society' McGill University had extolled the INSPQ report, without having any expertise on the medical condition. [Here is our response to their articles](#). Please share widely.

Our open house every last Friday of the month will continue from 2:30 – 4:30 pm, with the first hour being in French.

Its not too late to join our committee for the '[Hand in Hand](#)' project. Send us an [email](#) so we can add you. The French and English committees are separate, you are welcome to join both.

As always, we wish you a good month of May.

Take care and be well.

With all good wishes,

Rohini Peris, President

Michel Gaudet, Executive Director