



Association pour la santé environnementale du Québec
Environmental Health Association of Québec

ECO-JOURNAL

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News from ASEQ-EHAQ

Hello members and friends,

You are probably aware by now, that the National Institute of Public Health of Québec (*Institut national de santé publique du Québec* (INSPQ)) released a damning report on MCS on June 29, 2021. The conclusion of the report states that MCS is caused by anxiety and not by chemicals. This erroneous deduction was reached due to the non-inclusion of expertise, and the



failure to live up to written assurances from the Ministry of Health and Social Services of Québec (MSSS) that ASEQ-EHAQ would be consulted throughout the process.

This error has huge implications for our community. We know that psychiatric interventions can be harmful and that cognitive behavioural therapy and other similar therapies have no published evidence for efficacy.

In a recent response to the press, the MSSS states 'Work is already underway at the MSSS on the follow-up to this report. This work will be carried out in consultation with the various sectors concerned (public health, mental health care and services, etc.)'.

This is a social justice and an environmental issue. Stating that MCS is not caused by chemicals turns back the clock on the need to implement least toxic solutions for all applications. This is an affront to human, animal, and environmental health. The same chemicals that cause MCS are also implicated in climate change.



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We are asking that you act in great numbers, by:

- [by sending this letter to decision makers](#)
- [by calling and writing to your representative in Québec](#) (please copy us on your correspondence).

We have been sending out messages to request your support by participating in our action to have the Ministry of Health and Social Services of Québec, to:

- remove the MCS report from the INSPQ website
- update and revise the report with the inclusion of experts in the field and people with lived experience of MCS.

Please don't put this on your agenda to do later. [Do it now!](#) Share with family, friends and on social media. Members have reported to us that family members who do not believe in MCS are now signing the letter. Also, let this be an opportunity to spread the word and create awareness.

We will do everything in our power to get this report off the website. We need you to save us all. Every signature counts.

There has never been a time more dangerous for all of us, than now. Make a noise!

We hope you have a happy and healthy November! Fighting this report may be challenging but be sure to remember to smile.

Take care and be well.

Rohini Peris, President

Michel Gaudet, Executive Director