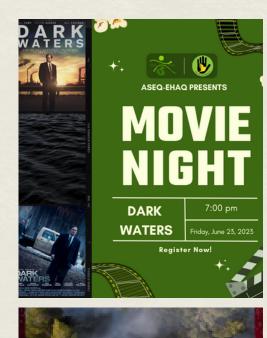
## Social Media & Outreach News









Living with Multiple Chemical Sensitivity
(MCS) is a relentless struggle, constantly
relocating due to environments polluted with
mold, asbestos, and toxic air. Ignorance and
indifference are pervasive while medical
professionals and government officials remain

MCS CHRONICLES: STORIES

OF STRENGTH AND

professionals and government officials remain unresponsive. Despite MCS being a recognized disability, support is absent. After a decade of hardship and at 71, I'm fatigued, frequently skipping meals for inadequate housing. We demand action: safe housing,

quality food, and understanding.

In our endeavor to keep you informed, engaged, and connected, we're thrilled to announce the launch of two brand new social media this series month. First up is "Planet Pulse," a reel series dedicated to offering quick takes on environmental health issues that matter. Our recent spotlight on the wildfires in Canada underscores their potential impact on indoor air quality and global environmental health. Watch the Reel here.

@ASEQ-EHAQ

Secondly, we've introduced the "Product Choices Series," an Instagram carousel-style series, providing essential guidance for better, health-conscious product choices. Our latest feature explores conscientious clothing and laundry practices. Be sure to check out the post **here**.

We also continue to share heartfelt stories through our "MCS Chronicles," giving a voice to the individuals living with MCS. Our recent post features Olly, and his inspiring journey can be found **here.** 

Last but certainly not least, we want to thank you for joining us for "Movie Night." After the successful screening of Dark Waters, we were pleased to host another enlightening film experience. last Friday, June 23 at 7 PM, as we delved into the thrilling yet alarming world of the chemical industry with screening of "Dark Waters." The movie is based on true events, exposed the hidden dangers lurking in the industry and the impacts of chemicals on our health and environment. Thank you for being a part of this informative event.