For the past 21 years Dre. Stein has been intensively learning about diagnosis and management of Myalgic Encephalomyelitis/Chronic Fatigue Syndrome, Fibromyalgia and Environmental Sensitivities. She is a psychiatrist and psychotherapist with an appointment in the Department of Psychiatry at the University of Calgary, Faculty of Medicine.

She teaches a class on ME/CFS to first-year medical students and mentors students who want to learn more.

Dr. Stein is one of a handful of experienced clinicians for these conditions in Canada and is involved with two research teams at present providing clinical expertise.

Dr. Stein's goal is that every Canadian with ME/CFS, FM and MCS receive effective and respectful treatment within the public health care system.