



Association pour la santé environnementale du Québec  
Environmental Health Association of Québec

## AGENDA

### Training Workshop for Partners and ASEQ-EHAQ Team

December 16, 2022, 9 am to noon

Via zoom – In English Only

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1. Introduction
2. **Pollution, Disability and Multiple Chemical Sensitivity**, John Molot, MD
3. **Practical Tips to Reduce Exposures for People Experiencing Multiple Chemical Sensitivity**, Domenica Tambasco, MD, FCFP
4. **Lived experience of Multiple Chemical Sensitivity (MCS)**
5. **MCS & Anxiety, Dispelling the Myth**, Eleanor Stein MD FRCP(C)
6. **Legal Aspect of MCS**, Danielle Létourneau
7. Closing

#### ASEQ-EHAQ

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Français : [HypersensibiliteEnvironnementale.com](http://HypersensibiliteEnvironnementale.com)  
[LaVieEcolo.ca](http://LaVieEcolo.ca)

English: [Environmentalsensitivities.com](http://Environmentalsensitivities.com)  
[EcoLivingGuide.ca](http://EcoLivingGuide.ca)